

Enjoy a unique spa experience on the Valley Isle while rejuvenating your senses at Puamana Day Spa. Located on the stunning Ka'anapali coast, our spa traditions honor Maui's geographical splendor, immersing guests into a curative, conscious oasis in which to rebalance themselves. Hawaiian spa treatments utilizing locally sourced, naturally derived products create a transformative path to finding balance and harmony.



# SPA MENU

Hours of Operation: Monday - Sunday • 10am-5pm

## SPA SERVICES

### TRADITIONAL SWEDISH MASSAGE

60 min - \$149 / 90 min - \$199

Traditional western style massage designed to alleviate muscle tension, emphasizing long strokes, kneading and friction motions to manipulate the superficial layers of the muscles to encourage relaxation.

### TARGETED DEEP TISSUE MASSAGE

60 min - \$174 / 90 min - \$229

A therapeutic massage involving firm pressure using slow, deep strokes to target specific work, focusing on problem areas.

## HAWAIIAN LOMI LOMI MASSAGE

60 min - \$149 / 90 min - \$199

Ancient techniques have been handed down for generations through the elders and Kumu (teachers) long, gliding strokes using palms, forearms, elbows. Pressure can be from light to firm depending on your needs.

### POHAKU HOT STONE MASSAGE

60 min - \$169 / 90 min - \$219

These stones are heated to perfection to sooth sore, tired muscles. The lava stones featured in this treatment were polished smooth by the relentless pounding of the Pacific Ocean and are a gift from our beautiful Island.

PRENATAL (HAPAI) MASSAGE - 60 min/\$174

## **UPGRADES**

## MASSAGE ENHANCEMENTS

Deep Tissue - 60 min \$25 / 90 min \$30

Aromatherapy - \$20

Warm coconut oil scalp massage - \$20

Pohaku hot stone upgrade – \$20

CBD oil and pain cream - \$30

Hand or foot polish - \$20

## OCEANSIDE CABANA

## CABANA MAY BE ADDED TO ANY SERVICE

Quietly energize your body, mind, and spirit with an ocean side massage in our spa cabana. Call for availability.

## SKIN CARE

## ORGANIC EMINENCE FACIAL

60 min/\$169 / 90 min - \$225

Tailored to your skins specific needs. Our organic all-natural facial uses potent concentrated ingredients extracted from fruits, vegetables and herbs to rejuvenate skin health.

Leaving skin hydrated glowing and protected.

## ANTI-AGING RENEWAL FACIAL

60 min/\$169 / 90 min - \$225

A rejuvenating facial that targets your personal skin care concerns. Includes 2 amazing masks, first A polypeptide collagen mask for face, neck and décolleté that aids in reducing the appearance of fine lines and wrinkles. Brightens age spots while keeping the skin moisturized while allowing the skin to absorb active ingredients. Followed by our amazing Miracle Mask which immediately creates a more youthful, radiant glow.

## ARCTIC BERRY RENEWAL FACIAL

60 min/\$169 / 90 min - \$225

Treat yourself to a premium anti-aging facial using luxury botanical and organic ingredients sourced from the arctic for ultimate skin renewal. Targeting uneven skin and fine lines to reveal a new level of luminosity to your skin. Deep exfoliation combined with a botanical peptide infusion will leave you with an instantly younger looking appearance, Suitable for all skin types. Includes coconut scalp treatment

## SPA PACKAGES

#### LOVERS SPECIAL

90 min/\$270

Enjoy a relaxing 60 minute massage, 30 minute therapeutic warm coconut scalp massage and your choice of aromatherapy.

### NA MEA LANI

90 min/\$250

Enjoy <mark>a relaxing 60 minute massage, followed by a</mark> 30 minute therapeutic warm coconut scalp massage.

## GUEST INFORMATION

#### GRATUITY

20% gratuity will be added to all spa services for your convenience. Guests may adjust gratuity as they wish.

#### CANCELLATION POLICY

We have a 24 hour cancellation policy, with a 50% charge for less than 24 hours notice and a 100% charge for not calling. We suggest arriving 10 minutes prior to your scheduled service. If guests arrive late for their appointment time their treatment will finish at the scheduled time in order to honor the next scheduled guest service. The treatment fee will remain full price.

Guests under 18 years old may be permitted to receive services with advance notice and spa approval.

### GIFT CERTIFICATES

Give the gift of peace and relaxation to someone special or send a little Maui aloha to your loved ones - allow us to create a spa gift package for you.



The Aston Kaanapali Shores 3445 Lower Honoapiilani Rd., Lahaina, Hl 96761

Schedule your time of peace and relaxation, 808.793.6273 OR Ext. 3080 from your room

www.PuamanaSpa.com