



PUAMANA DAY SPA

Enjoy a unique spa experience on the Valley Isle while rejuvenating your senses at Puamana Day Spa. Located on the stunning Ka'anapali coast, our spa traditions honor Maui's geographical splendor, immersing guests into a curative, conscious oasis in which to rebalance themselves. Hawaiian spa treatments utilizing locally sourced, naturally derived products create a transformative path to finding balance and harmony.



SPA MENU

Hours of Operation:
Monday - Sunday • 9am-6pm

SPA SERVICES

TRADITIONAL SWEDISH MASSAGE

60 min / 90 min

Traditional western style massage designed to alleviate muscle tension, emphasizing long strokes, kneading and friction motions to manipulate the superficial layers of the muscles to encourage relaxation.

TARGETED DEEP TISSUE MASSAGE

60 min / 90 min

A therapeutic massage involving firm pressure using slow, deep strokes to target specific work, focusing on problem areas.

HAWAIIAN LOMI LOMI MASSAGE

60 min / 90 min

Ancient techniques have been handed down for generations through the elders and Kumu (teachers) long, gliding strokes using palms, forearms, elbows. Pressure can be from light to firm depending on your needs.

POHAKU HOT STONE MASSAGE

60 min / 90 min

These stones are heated to perfection to sooth sore, tired muscles. The lava stones featured in this treatment were polished smooth by the relentless pounding of the Pacific Ocean and are a gift from our beautiful Island.

PRENATAL (HAPAI) MASSAGE

60 min

BABY MOON MASSAGE

90 min

Pamper your body from head to toe with this amazing nurturing treatment. Starting with a 50-minute massage with coco butter specially designed for mother-to-be including a hydrating coconut oil scalp massage and a foot exfoliating treatment. Ending with a 30-minute Express facial with our amazing eminence skincare line. Deep pressure is contraindicated in pregnancy, and this is a gentle to medium pressure.

UPGRADES

MASSAGE ENHANCEMENTS

Deep

Aromatherapy

Body butter

(Add to any treatment. Hydrating and great for preventing stretch marks.)

Warm coconut oil scalp massage

Pohaku hot stone upgrade

Arnica/Lomi Lomi balm spot application

Seasonal hand OR foot exfoliation

SKIN CARE

ORGANIC BRIGHT VITASKIN EMINENCE FACIAL

60 min

We continue to use hand-picked fresh ingredients to create products that contain potent healing and beautifying properties. Many of these ingredients are combined with pure water, drawn from a thermal hot spring lake containing minerals and trace elements. Our products are handmade without any server heating or hydrogenating processes that can affect the nutritional content and potency of natural ingredients. Vitamins are captured in their all-natural fresh base, offering dramatic results as actual seeds, pulps, and peel in part regenerative and healing powers that only nature can produce.

ANTI-AGING RENEWAL FACIAL - HYDROPEPTIDE

90 min

A rejuvenating facial that targets your personal skin care concerns. Includes 2 amazing masks, first A polypeptide collagen mask for face, neck and décolleté that aids in reducing the appearance of fine lines and wrinkles. Brightens age spots while keeping the skin moisturized while allowing the skin to absorb active ingredients. Followed by our amazing Miracle Mask which immediately creates a more youthful, radiant glow.

COUPLES PACKAGES

LOVERS SPECIAL

90 min

Enjoy a relaxing 60 minute massage, 30 minute therapeutic warm coconut scalp massage and your choice of aromatherapy.

OCEANSIDE CABANA

CABANA MAY BE ADDED TO ANY SERVICE

Quietly energize your body, mind, and spirit with an ocean side massage in our spa cabana. Call for availability.



PUAMANA
DAY SPA

GUEST INFORMATION

GRATUITY

20% gratuity will be added to all spa services for your convenience. Guests may adjust gratuity as they wish.

CANCELLATION POLICY

We have a 48 hour cancellation policy, with a 50% charge for less than 48 hours notice and a 100% charge for not calling. We suggest arriving 10 minutes prior to your scheduled service. If guests arrive late for their appointment time their treatment will finish at the scheduled time in order to honor the next scheduled guest service. The treatment fee will remain full price.

Guests under 18 years old may be permitted to receive services with advance notice and spa approval.

GIFT CERTIFICATES

Give the gift of peace and relaxation to someone special or send a little Maui aloha to your loved ones - allow us to create a spa gift package for you.



The Aston Kaanapali Shores
3445 Lower Honoapiilani Rd., Lahaina, HI 96761

Schedule your time of peace and relaxation,
808.793.6273 OR Ext. 3080 from your room

www.PuamanaSpa.com

MAE 3232, BSH 5501